

### From our Principal

**Mrs Janelle Heffernan**

Dear Families,

Our thoughts and prayers have been with the many families who have been affected by the recent devastating fires. This is an event that is unprecedented in the history of New South Wales and one that will be long felt in our communities. We have had school families and staff who have been evacuated not knowing whether they will have a home to go back to. These events are heart breaking for all involved and the toll on families and communities cannot be measured.

We urge families who have been affected to please contact us if we can be of assistance in anyway.

We also thank the many fire fighters and volunteers who have worked tirelessly to protect lives and properties, at times putting themselves at risk. We will continue to keep these families and communities and workers in our thoughts and prayers as they continue to battle the fires and begin the recovery process.

**God of love,**

**In our hearts you place courage.**



**We beg you to stay close to our sisters and brothers whose lives have been devastated by recent fires across our land;**

**May they make wise decisions and receive immediate support.**

**We implore you to keep first responders safe; may their generosity and skill be a blessing for all.**

**We mourn the loss of life, livelihoods, animals, ecosystems, property and dreams.**

**With resurrection hope, may our hearts be broken open in love,**

**may our faith be strengthened and may we give generously.**

**May our land and her people be relieved of suffering at this time.**

**We make this and all our prayers in Jesus name.....**

**Amen**

### Year Five Camp

Due to the recent fire crisis we postponed our Year Five camp for safety reasons. We have been fortunate enough to be able to reschedule the camp, although in two groups as the camp could not accommodate the whole grade group. 5MS and 5TM have been on camp since Monday and will return this afternoon. 5TB and 5JS will go to camp in Week 9. We are grateful that our students can have this experience.

### Presentation Day

Tomorrow, 21st November, the Presentation Sisters around the world celebrate their Foundation Day, known as Presentation Day. Our school was founded by the Presentation Sisters 133 years ago so their history and involvement in our school, is an integral part of our history. Nano Nagle founded the sisters and we now have a Colour house named after her – Nagle House. Nano Nagle was born in 1718 in Ballygriffin in Ireland. She had 4 sisters and 2 brothers. Catholic Schools were not allowed so Nano attended a forbidden 'hedge' school. When Nano was 12 she was smuggled to France for the education forbidden in Ireland. She was well educated, talented and enjoyed the life in France but she decided to return to Ireland and teach the poor children. Nano found that this was not possible as the strict laws had not changed. She returned to France in order to become a religious sister and to be able to pray for her Irish people. Nano could not settle to this and knew that she had something important to do. She returned once again to Ireland and lived in Cork with her brother Joseph where she secretly taught children. Soon there were 7 schools being taught by Nano and some other ladies. When she wasn't teaching, Nano was visiting the sick, poor and lonely around Cork. When it was dark she carried a lantern and soon she was known as the "Lady of the Lantern". At age 57, Nano Nagle founded the Order of the Sisters of the Presentation of Mary – the Presentation Sisters. There were three ladies with her and she knew that a Religious Order was needed to carry on the work they were doing. She was a sick lady and on the 29th April 1784, she died. In 1886, a small group of sisters left Lucan in Ireland and came to Lismore to establish a Convent and schools. On 11th October 1886, St Carthage's School was opened.



We celebrated with the Presentation Sisters today with a prayer service at 10:30am in the School Hall.

May the Spirit of Nano Nagle and her Sisters who have been a part of our School's history, continue to grow in each of us.

## Christmas Concert

Our school Christmas Concert will be held on Monday, 16<sup>th</sup> December starting at 5:15pm with a picnic tea. For those families who are not coming to the picnic tea, we will require all children to be at school at 5:45pm for a 6:00pm start. All our families are invited to bring a chair or picnic blanket along to enjoy the evening's performance. Students are asked to wear their sports shorts and shoes, with a green or red t-shirt, Christmas T-shirt or Colour House shirt. They may wear a Santa hat or tinsel on their head. Year 6 students who have a character role will have their costume provided. All students are expected to participate in this concert, but if your child is unable to do so, please advise their teacher in writing by Friday, 6th December. An invitation is extended to all our new families who will be joining St Carthage's School community in 2020.

## Whole School Assembly

Our final Whole School Assembly for the year will be held in our School Hall on Friday, 13th December at 1.45pm. All are welcome.

## School Reports

School Reports will be sent home on Friday, 6th December. Some parents may not feel that an interview is required at this time and may prefer to wait for our interview period early in Term 1, 2020, to catch up with your child's new teacher. If you feel the need for an interview, please contact your child's teacher directly.

## End of Year Mass

On Wednesday, 18th December we will celebrate the conclusion of our 2019 school year with Mass at 9:30am in the Cathedral. At the conclusion of Mass, we will farewell the 2019 Year 6 students and the 2020 student School Leaders will be announced. All members of our school community are invited to join us for this important celebration.

*Janette*

## From our Assistant Principal - Mission

**Mr Danny Hatchman**

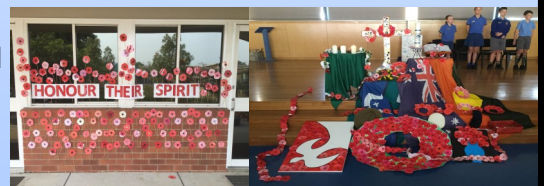
This week a copy of the magazine **Australian Catholics** will make its way home to each family. This is the schools edition and we hope you find something of interest no matter your connection to the Catholic faith.



If you give some of your own food to feed those who are hungry and to satisfy the needs of those who are humble, then your light will rise in the dark, and your darkness will become as bright as the noonday sun. Isaiah 58:10

## Remembrance Day

The whole school celebrated Remembrance Day with a Prayerful gathering in our school hall.



## Class Parents - Frozen Meals



Thanks to our Class Parents who are currently replenishing our frozen meal freezer! These meals are provided to families who may be undergoing some temporary hardship and carry on the tradition of the Presentation Sisters who founded the school upon values such as Compassion, Hospitality and Social Justice. If you would like to contribute a meal please deliver to Lyniese at the Office, making sure the ingredients and cooking date are visible on the packaging.

## Inviting Parents and Families into the life of the school

Recently our new Kinder parents were invited to a session at school entitled **Helping Your Child Thrive at St Carthage's** and then given a special presentation by their children. A flyer outlining this wonderful time is included in our newsletter today. We thank everyone who made a special effort to welcome these new families - especially Mrs Janita Thomson - **Family School Partnership Consultant** at the Catholic Schools Office.

## From our Assistant Principal

Miss Amanda Egan

### School Uniform

As we continue into the final stages of the school year, the students' pride and presentation in the wearing of their School Uniform is waning. It is a timely reminder for:

- 1) Hairstyles – Girls should have all long hair tied back and boys are to have a conventional hairstyle. Please address this issue if your son is in need of a good haircut. If their hair is below their collar it needs to be tied back.
- 2) Black school shoes and joggers. No coloured soles, stripes or shoelaces.
- 3) White sports socks (5cm above the ankle) which can be purchased from the School Canteen.
- 4) School hats are a part of the uniform and need to be worn at all times when the students are outdoors. If your child/ren comes to school without their hat they will be asked to sit in the shade.

Parents are asked to ensure all uniforms are clearly named. Please check that you have the correct uniform at home. If you have items with another child's name, could you please return to school ASAP.

### Mathematics Assessment Interviews

Please ensure that you have booked your child/ren's Mathematics Assessment Interviews for 2020. The online booking closes on **Wednesday 27th November at 4pm**.

The interviews for Years One to Year Six (2020) will take place on Wednesday, 29th January and Thursday 30th January. The interviews will take 40 minutes to complete. Parents and carers are not required to remain with their child during the interview. Please take your children to the classroom and either leave and return after the interview or you are most welcome to go to the School Hall and have a cuppa and some refreshments.

This valuable data on your child will be shared early in Term One, when the school conducts its Parent Meetings, which involve you, your child and their teacher.

To make a booking:

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)

MAKE A BOOKING

enter the code **d9yez**



Enter your details



Select the year level/grade for your child/ren for **2020**



Select the appointment times that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

**DO NOT DELETE** the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

**REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR** - reminders will not be sent home.



**BOOKCLUB - The last ISSUE for 2019 is due back THIS THURSDAY 21 NOVEMBER.**

If paying by cheque, please make payment to **Scholastic Australia**.

No late orders can be accepted.

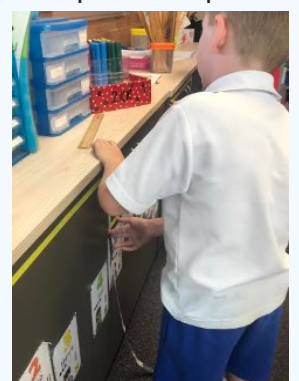
**A huge THANK YOU to Bridget Swan** for volunteering to process the Book Club orders again this year. We sincerely appreciate her time and effort which assists the school to continue offering this opportunity to students and families.



## Learning Focus

### Year 2 - Mathematics

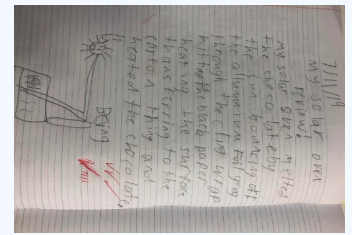
Year 2 students have been measuring length in Mathematics. They had a variety of lengths of tape placed all over the room. On cupboards, on the floor, on tables and even the walls. Not all lengths moved in one direction either. It was a challenge and students were eager to see if their results 'measured up' to their peers.



### Year 3 - Mathematics and Science & Technology

Year 3 students have been exploring Area in Mathematics and through the use of Newspaper, they created 1m<sup>2</sup> blocks to use for measuring. They had to explore how to use these as a tool for measuring large areas and even realised that if we cut the 1m<sup>2</sup> square to create an unusual shape it was still 1m<sup>2</sup>. Great mathematical thinking Year 3!

Year 3 students have also been developing Pizza ovens as a result of their Scientific Investigations. I had the opportunity to look at their designs, discuss their findings and listen to some of their explanations of how they created their Pizza ovens and why.



### Year 4 students- Science and Technology

Year 4 were caught out and about in the quadrangle during class time this week, playing with balls and ramps. When I asked what they were doing they assured me that they were conducting a scientific investigation and proceeded to tell me how they were ensuring a fair test, measuring their results and making a conclusion about the friction which different floor materials have on the distance that the ball travelled. Glad to see we have budding scientists at St Carthage's!



### Year 6 - Mathematics

Year 6 students were completing a shopping challenge in their classroom this week. The smiles on their faces indicated that they were enjoying an awesome way to learn, through play and experience.

#### The success criteria

We will understand the connections between different types of numbers. We will partition numbers to find parts of them.

All students received money and set up their shops with items from around the room. They had to label the prices of their items and purchase them from one another to onsell in their shop. Some students were making money on their items by changing their marketing language whilst others were discounting their items by a percentage and finding their new values before sales. The importance of counting back change to their customers, finding percentage discounts, calculating totals and differences and using language to communicate with one another was a highlight of the session!



Remembrance Day Acrostic Poem  
By Max

Reflect on those who died for us  
 Eleventh hour of the eleventh day of the eleventh  
 month, there was peace  
 Medals will be treasured forever  
 Everyone will remember you  
 Many people put us before themselves  
 Brave people served our country in war  
 Respect those who have died  
 Armies will fight for our freedom  
 November is when we remember  
 Canadians helped our soldiers stay strong  
 Enemies attack ruthlessly

Dead men and women lie on the ground  
 Armistice is when we remember  
 You can live in freedom now

Remembrance Day - Acrostic Poem  
By Lizzie Maginnity

Remember the lives we lost  
 Eventually we would know  
 Millions of lives gone in a flash  
 Enjoy your life, remember theirs  
 Medals were given for the bravest of souls  
 Brave people, bold lives  
 Respect the people who fought for you  
 Away from home, making do  
 Never forget the lives we lost  
 Can't forget, never will  
 Enjoy your freedom they fought for it  
 6 Doves were flown, a symbol of peace  
 Allied forces fearing death  
 Years of war, too many deaths. All I can say is "Lest We  
 Forget"

Remembrance Day  
By Blake Paisley

R- Remember those who fought  
 E- Everyone is free  
 M-Millions died defending their countries  
 E- Eating spam was the food of choice  
 M-Morning sunrise with sound of gunfire  
 B-Bombs away! Everyone get down.  
 E- Explosions left, right and centre  
 R-Remember all the fallen soldiers  
 A-Allegiance to countries who support us  
 N- Nurses at the battle field providing essential first aid  
 C- Candles are lit to remember those who died  
 E- Enemies are closing in  
 D- Deployment to war zones  
 A -Armistice Day was its original name

Remembrance Day Acrostic Poem By Scarlett

Remember those who died for us.  
 Everyone will remember you.  
 Memorials help us remember.  
 Eleventh hour of the eleventh day of the eleventh month  
 we called a truce.  
 My Gallipoli.  
 Brave people fighting for our freedom.  
 Reflect on the war so it doesn't happen again.  
 Armies on land, air and sea.  
 Nurses helped the hurt.  
 Countries helping each other.  
 Ending lives so short.

Death rose on the battlefield.  
 Armistice called after 4 years.

Remembrance Day Acrostic Poem

Remember the soldiers who fought for our country.  
 Eleventh minute, hour, day and month.  
 More lives were going and going.  
 Everyone was worried about their relatives going.  
 Medals were given for good things.  
 Brave people were fighting for our country.  
 Every soldier was scared about war.  
 Respect the people who have lost members of their  
 family.  
 Away from home fighting against other countries.  
 November 11th is the day we remember all the sol-  
 diers.  
 Caring for the soldiers who came back hurt.  
 Explosions killed many soldiers.  
  
 Dove is the symbol of peace.  
 Armistice called after 4 years.  
 Young soldiers wanted to fight for their country.

Remembrance Day Acrostic Poem  
By Cooper Roberts

R-Remember the ones who died  
 E-Everyone made the world a better place  
 M-Memorials are held all over the world  
 E-Every one fought for our lives to be great  
 M-Millions of people who fought died  
 B-Brave soldiers fought for our freedom  
 E-Every soldier counts  
 R-Remember the soldiers who died for us  
 A-Australian soldiers fought for our freedom  
 N-Never forget Australia  
 C-Can't forget, never will  
 E-Every person who fought saved us from freedom  
  
 D-Deployed soldiers defended our country  
 A-Armed forces travelled far away from home  
 Y-Your life is full of freedom because of the soldiers

## Year 5 - Writing and Lunch Time Play







### NSW PSSA Athletics Championship

The NSW PSSA Athletics Championship was held at Sydney Olympic Park on Wednesday 6<sup>th</sup> November 2019 and Thursday 7<sup>th</sup> November 2019. Five students from St Carthage's travelled to Sydney to compete against the best from across the state: Public, Catholic and Independent School Systems.

Natasha Moretti (Year 6) competed in the 11 Year Old Girls 100m on Thursday. Natasha's blistering 13.97s (PB) placed her in 20<sup>th</sup> (tied). Finishing 20<sup>th</sup> in a division of 38 is an outstanding achievement. On Friday Natasha competed in the 11 Year Old Girls Long Jump, jumping a monstrous 4.45m (PB). Out of the 39 competitors, this placed Natasha in 4<sup>th</sup> place. A truly remarkable achievement!

On Thursday Oliver Rose (Year 5), Billy Drooger, Patrick Maginnity and Nicholas Toohey (Year 6) competed in the Senior Boys 4x100m Relay. The Boys finished 6<sup>th</sup> in their heat. Their time of 55.28s (PB) put the boys in

30<sup>th</sup> place, from a field of 39.

Congratulations to the five students from St Carthage's who attended the NSW PSSA Athletics Championship. As a school community, we are extremely proud of your achievements.



### St Carthage's Swimming Time Trials

The St Carthage's Swimming Time Trials will be held on Friday 6<sup>th</sup> December at the Lismore Memorial Baths. This is not a whole school event. This is a representative pathway for swimming that is open for students who turn 8-13 years old during 2020. Times from the trials are used to construct the St Carthage's Swimming Squad which will compete at the Richmond Zone Swimming Carnival on Monday 17<sup>th</sup> February 2020 (Please note that this is different to the date previously advertised). Students will progress to the Zone Carnival based on the following information:

50m Freestyle – 8, 9, 10, 11, 12, 13yrs

50m Breaststroke, Butterfly, Backstroke – Junior (8-10yrs), 11yrs, Senior (12-13yrs)

100m Freestyle – Open age

200m IM – Junior (8-10yrs), Senior (11-13yrs)

Nominations for the trials are taken using an online form. Please go to the parents' tab on the school website and click on the Swimming Trials Nomination Tab. Nominations were due today. If you are yet to send the pink permission slip and \$6 to school, or complete the online nomination, can you please do so by Friday.

### Solar Panel Journey

Over the past term 5MS has been contributing to helping the environment. Our group has been working towards helping our school be more environmentally friendly by filling in a grant form to install LED lights into our school. But first we had to convince Mrs Heffernan that it was a great idea. When we install LED Lights we are saving power and money which can then go to future projects. We are going to install LED lights because they are better for our learning and because fluorescent lights can make you more tired.



We also had a meeting with Mr Lake, Mrs Heffernan, Mrs Sudiro and the rest of our group to explore options of how our school could install solar power. We came to an agreement that we should install solar panels on the school roof which will save power and which will save money and this will be done during January 2020.

Luca, Thea, Charlie, Andrew, Ziggy 5MS

### Funeral at the Cathedral Friday 22nd November

There will be a funeral at the Cathedral on Friday 22nd November at 9:30am and the car park will be required from 8:30am. Parents are asked not to park or drop off at the Cathedral on Friday morning. Thanks for your support in this matter.

# St Carthage's Families and School...We are Better Together



## Helping Your Child Thrive at St Carthage's

Every parent wants their child to be happy and thrive at school. Here are some tips from our recent Kindergarten parent information session.

1. Adopt a **warm, loving parenting style** that also includes setting boundaries, expectations and consequences. Warmth and love help a child feel secure, connected and emotionally strong, while setting boundaries and maintaining family rules, teaches respect and fairness.
2. Communicate positively with your child about school and have **high but achievable expectations**. Every child should believe in the value of school and know that with effort, everyone can learn and become better but not everyone has to be the best.
3. Family Routines that help children thrive academically and socially include:
  - ◇ **Family dinner time** with lots of conversation promotes positive social skill development.
  - ◇ **Regular reading** assists in literacy skill development.
  - ◇ **Less screen time** and more time spent in nature and engaging in physical activities helps children develop coordination and physical mastery and confidence.
  - ◇ **Regular sleep** routine is vital for engaged learning at school.
  - ◇ **Spirituality** and a sense of faith helps children to see a larger picture of the world and their role in it.

## Family School Partnerships

When families and schools are partners and work together for the good of the child, great outcomes are generated:

- ◇ Children achieve better academically
- ◇ They report higher levels of wellbeing
- ◇ They complete more homework and are more likely to go on to further study than students whose parents are not engaged in their child's education.

The Key Dimensions of Effective Family School Partnerships are:

**Communicating:** Families and schools need to come together and talk regularly to ensure shared goals and understanding.

**Participating:** When possible, parents and carers should try to volunteer at school events or learning opportunities.

**Connecting home and school learning:** By using every day activities, families can reinforce numeracy and literacy learning.

**Consulting in decision making:** Parents and carers should take the opportunities, when presented, to contribute their voice to ensure decisions made represent the wider school community.

**We look forward to sharing the learning journey of your child with you as part of the St Carthage's family.**

## Community Conversation: Hopes and Dreams for Our Children

The recent community conversation we enjoyed with many of our 2020 Kindergarten families explored the values, attitudes, knowledge and skills we hope our children will attain after they conclude their time as part of the St Carthage's family.

### Values and Attitudes

- Empathy and kindness
- Learning to share
- Respect for self and others
- Confidence in their individuality
- Valuing uniqueness and diversity
- Independence and resilience
- Love of learning
- To reach their full potential
- Making mistakes can be a learning experience
- Positive self image
- Passionate and curious
- Courtesy

### Knowledge and Skills

- Problem solving and team work skills
- Be high school ready with great learning skills
- IT skills
- Age appropriate life skills
- High levels of literacy and numeracy
- Great communicators
- Listening skills
- Meet the development and learning milestones

## What to expect in the first weeks of school....

Transitioning into full time school can increase the production of stress hormones in children simply due to the new people and surroundings. These stress hormones mean that children can get to the end of a school day feeling:

**Tired Emotional Anxious Hungry Over-excited**

Allow your child to feel the emotions but don't assume it means they had a bad day. Provide a nourishing snack and downtime including time in nature rather than on screens. Avoid too many afternoon activities in the early weeks of Term 1.



## 2019 Important Dates



### Term 4

<b>Thurs 21st Nov</b>	Year 5 Leadership Retreat
<b>Fri 22nd Nov</b>	Kinder Dental visit—11.30am-2.30pm Kinder Assembly (2pm)
<b>Tues 26th Nov</b>	DISCO— 5:30—7pm—School Hall
<b>Fri 29th Nov</b>	Year 2 Dental visit—9am-1.30pm Diocesan Summer Sports Trials
<b>Sun 1st Dec</b>	Parish School Mass & Sausage Sizzle 5.30pm
<b>Thurs 6th Dec</b>	Concert —Mr Earl's student
<b>Fri 6th Dec</b>	Swimming Trials—time TBA School Reports go home Trinity—Woodlawn Orientation for Year 6
<b>Mon 9th/10th/11th</b>	5TB & 5JS Lake Ainsworth Camp
<b>Thur 12th Dec</b>	Year 6 Dinner Dance—5.30pm Worker's Club
<b>Fri 13th Dec</b>	Final Assembly (Year 5) 1:45pm
<b>Mon 16th Dec</b>	Going up Day (Y1-Y6)—11.15am—1.15pm Going Up Day (Kinder) - 11.30am—1pm St Carthage's Christmas Concert—6pm start
<b>Tue 17th Dec</b>	Year 6 Fun Day
<b>Wed 18th Dec</b>	Final School Mass—9.30am <b>LAST DAY FOR 2019</b>

### National Prayer Campaign-

For the gift of rain, for people affected by drought, for support services.

*Eternal God, In wisdom and love you created our earth to sustain us and give us life. We turn to you now in faith, hope and love, asking you to look with favour on our drought-stricken land, on our starving animals, on our failing crops.*

*Strengthen, sustain and give new heart to our farmers and to all who are affected by drought; be with those who support them.*

*In your loving providence, send abundant rain and restore our parched earth.*

*Father of all compassion, hear our prayer through Jesus Christ your Son, in whom the promise of new life has dawned, and through the power of the Holy Spirit, the Lord the giver of life:*

*Renew your faithful people; Renew the face of the earth.  
Our Lady of the Southern Cross, Mary help of Christians -  
Pray for us.*



### Happy Birthday!

Happy Birthday to the following students and staff who have had and will celebrate their birthdays:

Sasha Bright, Eamon Bailey, Chloe Rhodes, Elijah Evans, Georgia O'Brien, James Grace, Lindsay Scott, Kate Wolton, Olivia Thompson, Ethan Byerlee, Jet Monckton, William Collins, Elouise Evans, Elijah Auld, Jaja Wongkruth, Luca Drenkovski, Eva Hall, Murphy Hauser, Connor McCarthy, Kristine Mumford and Jeni Thomson.

### 2020 School Dates

**Staff return Tuesday 28<sup>th</sup> January 2020**

**Years 1-6 MAI Wednesday 29<sup>th</sup> and Thursday 30<sup>th</sup> January**

**Years 1 – 6 commence Friday 31<sup>st</sup> January**

### 2020 Kinder

**Best Start Wednesday 29<sup>th</sup> January until  
Tuesday 4<sup>th</sup> February**

**Kinder students commence**

**Wednesday 5<sup>th</sup> February 2020**

### CONGRATULATIONS

To Luca Lombardo 1SD and her family on the arrival of a new baby brother.



### St Carthage's School

### CANTEEN ROSTER TERM 4

#### Week 7

**Thursday**

K. Jackson, T. Kirshaw

**Friday**

M. Fowler, S. Osborne

#### Week 8

**Thursday**

R. Oliver

**Friday**

A. Nestor, J. Lynch



## **School Banking**

A couple of important dates:

**Last banking day for 2019 will be Wednesday 11 December 2019**

If you wish to redeem any prizes from this year we will need your redemption no later than the 27 November to be guaranteed of receiving it before the end of the school year.

This term we have been drawing a Banker of the week and our winners are:

1. 16/10/19 Murphy Hauser 3KK
2. 24/10/19 Mackenzie Clark KMY
3. 30/10/19 Emily Kirkland 4LM
4. 06/11/19 Lily Partridge 2KI
5. 13/11/19 Samuel McKay 1JC
6. 20/11/19 Joe Parsons 5TB

Sorry it has taken so long to announce winners as I have been waiting on certificates to arrive to go with the prizes. You will be able to collect your prizes from the office.

This year so far we have raised \$ 495.00 so keep up the great work in 2020.

We are still looking for another School Banking Co-ordinator to help Cath next year. If you are interested, please contact the school.

Kind Regards

School Banking Co-ordinators

A Special THANK YOU to Sonia Osborne for her years of dedication to School Banking for St Carthage's School as she finishes as a parent at St Carthage's School.

Also thank you to Cath Hills for her continuing support with the School Banking at St Carthage's School. We appreciate your assistance.