

From our Principal

Mrs Janelle Heffernan

Dear Families,

Welcome back to our new school year. I hope you all enjoyed a very relaxing and enjoyable time with family and friends over our Christmas break. This year promises to be a year full of unknown opportunities for us to support each other in our partnership of educating, guiding and modelling Christian values to our children.

The term has started with a real sense of purpose and a great spirit of co-operation and enthusiasm for learning. Teachers have worked tirelessly to ensure that classrooms are ready for learning and I am sure that you will be happy with your child's new learning environment. We especially welcome our 2019 Kindergarten students and their families who are beginning their educational journey at St Carthage's and we hope your time is happy and rewarding.

I would like to thank you for supporting us in undertaking our Maths Assessment Interviews last week. The days ran very smoothly and we have gained valuable information and insight to assist the students with their mathematical understanding. It was also a great opportunity for teachers to touch base with students before formal classes begin.

Congratulations to our students for the way you have started on this new stage of your learning journey and thanks to parents for having them so well prepared for school. Thank you to the staff who have spent a lot of their holiday time at school setting up rooms, developing programs and organising resources and school events for Term 1. It is this dedication and commitment which allows us to start the year so smoothly. Well done all!

To you, the parents and families, I eagerly look forward to meeting you over the next few weeks at our Welcome Barbeque, Parent/Teacher Meetings, School Masses and other activities and events which are planned for the term. We are here to work in partnership with you and I would appreciate any input or suggestions which you may have to ensure that our school runs as smoothly and efficiently as possible.

We welcome a number of new students and families to our school community and we trust that their experience of St Carthage's will be a positive and a rewarding one for each of them.

We also welcome our new staff members; Mrs Samantha Lynch, Mrs Haley Rogusz, Mrs Amanda Parsons and Mrs Nicole Jones to our staff this year. Mrs Lynch is our Leader of Pedagogy, Mrs Rogusz will be teaching Year Two, Mrs Parsons is working as a School Secretary and Mrs Jones is a Teacher's Assistant.

As we move through our second week at school, I hope that your children are settled and happy in their new classes. Certainly the talk has been very positive, with teachers commenting about how eager and enthusiastic the students have been. As we begin this new year, it is important to remember that parents and teachers are partners in helping each child achieve a successful transition into adulthood. This combined support is essential if the transition is to be a positive developmental experience for your child. A good relationship with your child's teacher will make it easier for you to stay informed about your child's progress across all areas of schooling and to work together if difficulties or problems arise throughout the year. On occasions, you might find that teachers offer advice or constructive criticism about your child that you may not agree with. However, it is important to keep an open mind to the teacher's comments (and they to yours). Unfortunately none of us are perfect, so if a problem arises, it's important to consider both sides of the story. The outcome should be one that helps your child succeed at school. There needs to be a sensitivity which respects the parents who have a special knowledge of their children, and the teacher as a well trained professional.

Our teachers are dedicated and caring people who want to be not just good teachers, but teachers who their students will remember because they shared their knowledge and love of learning with them. Jonathan Sarks, Rabbi and author of —"The Politics of Hope", said about teachers:

"Teachers open our eyes to the world. They give us curiosity and confidence.

They teach us to ask questions. They connect us to our past and future.

They are the guardians of our social heritage.

Life without a teacher is surely not a life."

May 2019 be a great year for you and your children and please remember, if you have any questions, queries or concerns regarding your children throughout the year, please contact your child's teacher, our Assistant Principals or myself so that we can work together on a joint solution.

WELCOME BARBEQUE AND DISCO

Our Welcome Barbeque and Disco will be on next Thursday evening, 21st February, 5:30pm - 7:00pm. RSVP due Monday 18th February for catering purposes. All welcome.

OPENING SCHOOL MASS

Our Opening School Mass will be held in the Cathedral on Monday, 11th February at 9:30am. At this Mass our School Captains, Vice Captains and Colour House Captains will receive their badges. Everyone is very welcome to attend.

PARISH MASS TIMES

The times for weekday Masses in the Cathedral are Tuesday, Wednesday and Thursday at 8:00am, and Friday at 12:05pm.

Weekend Mass times are Saturday Vigil – 5.30pm

Sunday Morning – 9:00am

Sunday Evening – 5.30pm

VISITORS' PROTOCOL

It is both a legal requirement and a safety issue that all visitors report to the Office and sign in and out in the Visitor's Book. This is necessary in the unlikely event of a fire, evacuation, lockdown etc. but more importantly for the safety of the students in our care. If you are staying at the school, you will also be issued with a visitor's badge.

PARKING ON SCHOOL PREMISES

The School Visitor/Disabled parking area space (in the front of the Administration building) is only for parents/carers who have a child with a disability. The remaining car parks are for short term parking between the hours of 9:15am – 2:45pm. You are welcome to use this carpark during these times if you have an appointment at the school. It is **not a pick up or drop off area** for parents' use **before or after school** (unless you are entitled to Disabled Parking). The Staff Carpark (behind the Administration building) is for Staff only and not for visitor use at any time.

INTERRUPTIONS TO TEACHING TIME

Please avoid conferring with the teachers during teaching time 8.55am to 3:15pm or interrupting the class, as valuable teaching time is lost. From time to time you may need to speak with your child's teacher about a specific issue related to your child's learning, and if so, we encourage you to make an appointment with them to ensure an appropriate time is made available. You can do this by phoning the Office, sending a note to the teacher or sending an email via the School email: stcarth@lism.catholic.edu.au (attention to the relevant teacher).

BEFORE SCHOOL SUPERVISION

Morning Playground Supervision commences at 8:30am. **All** children who arrive at school before 8:30am must sit down in the Canteen area and wait for teachers to start morning duty. All classrooms will be locked and are out-of-bounds to children at this time. At 8:30am the teachers on duty will direct grades, one at a time, to place their school bags onto their classroom bag racks. Children will then have supervised play time on the bottom playground and in the quadrangle. [Active Kids Before School Care](#) is available.

PARENT INFORMATION MEETINGS

Meeting Times:				
6:00pm	Year 1	Year 3	Year 6	Year 4
6:30pm	Kindergarten	Year 2	Year 5	---
7:00pm	Year 1	Year 3	Year 6	Year 4
7:30pm	Kindergarten	Year 2	Year 5	---

These Parent-Teacher Information Meetings are a vital communication link between home and school. I encourage every family to attend the Kindergarten to Year 6 meetings. This sends a powerful message to your children about the value you place on your child's learning this year. Teachers go to a lot of trouble preparing these nights and I thank them for giving up their family time to assist your children's education. The meetings will be held at St. Carthage's on **Tuesday, 26th February in classrooms**. In order to make it easier for parents to attend these important meetings, we will repeat each meeting at a different time on the same evening. This means that parents will be able to attend each of their child's class meetings on the one evening. The meetings will run for 30 minutes. See table for the schedule for these meetings.

Parent/Teacher Interviews

In a couple of weeks' time, 11th – 14th March, we will conduct our Parent/Teacher Interviews. These are a very valuable opportunity for parents and teachers to acquaint themselves and to discuss the year ahead for your children. I would like to thank the many parents who have indicated that they are coming to these interviews. This is an important time when you have the opportunity to speak one on one with your child's teacher, to talk about strengths and weaknesses and any concerns that you may be having, regarding your child's transition to their new class. If your child has a Personal Learning Plan (PLP) you are encouraged to make a double interview so that goals and adjustments can be discussed. Hopefully you will find this a valuable time to meet. Please remember that teachers are also available throughout the year if you need to speak with them at any time, but please phone for an interview. A thank you must also go to the teachers for remaining after school to offer these interviews. It is greatly appreciated. The Online Booking Form will open in a couple of weeks for you to book your interviews

School Photos

Our School photos will be taken on Monday 11th and Tuesday 12th March. School Photo envelopes have been sent home today. Please return these envelopes, with correct payment enclosed, on the Monday of the photos, as these will be handed straight to the photographers. **We do not handle photo money.** Sibling envelopes will be available from the School Office. Please ensure that students are in their correct school uniform on these days.

Catholic Schools' Week 2019

Our school will join with more than 620 Catholic schools across NSW and the ACT to celebrate the annual Catholic Schools Week (CSW) from 3rd – 9th March 2019.

The theme for 2019 is 'Sown in rich soil', taking inspiration from Matthew 13, The Parable of the Sower. Our Parish Schools provide the rich, fertile soil needed to enable our students to achieve the 'fullness of life' that comes from encountering the Word of God. Through our accompaniment, the 'good seed' that is all of our students, has the opportunity and agency to develop a faith with deep roots and to grow academically, socially and pastorally in an environment where they feel valued, respected and loved. More details to follow of our Catholic School's Week activities.

AFTERNOON PICK-UP AND TRAVEL ARRANGEMENTS

Parents have a number of options when collecting their children after school. These options, mentioned below, are designated as safe areas to collect children. As many parents are aware, we have a specific routine set up for Cathedral pick-up (our preferred pick-up option). Thank you to all parents who have been following this routine.

· School grounds:

Parents may collect children from the school grounds. Children will wait on the Library steps for collection.

This should lessen the confusion and temptation that some children have to play on the playground equipment when the bell rings. This equipment is out of bounds until the Cathedral Line and the first Bus Bay Line has moved off. However, no child should be on the equipment at any time without parent supervision.

· Leicester St.: immediately in front of the Kinder-Year 2 building. **Please do not double park;**

· Trinity Catholic College Car Park:

Children walking over to the Trinity Car Park or Trinity Swimming Pool, line up with children going to Bus Bays 17-20;

· Visitor/Disabled Car Park:

Between 8:30am-9:15am and 2:45pm-3:30pm use of the Visitor/Disabled Car Park outside the Administration building is restricted to **parents or students entitled to Disability Parking.**

· Cathedral grounds :

Children being picked up from the Cathedral in the afternoon, line up with their hat on, next to bus lines. A teacher will escort them, via the underpass, to the Cathedral. All children are to walk in an orderly way.

A "Drive-Through" operates as outlined below:

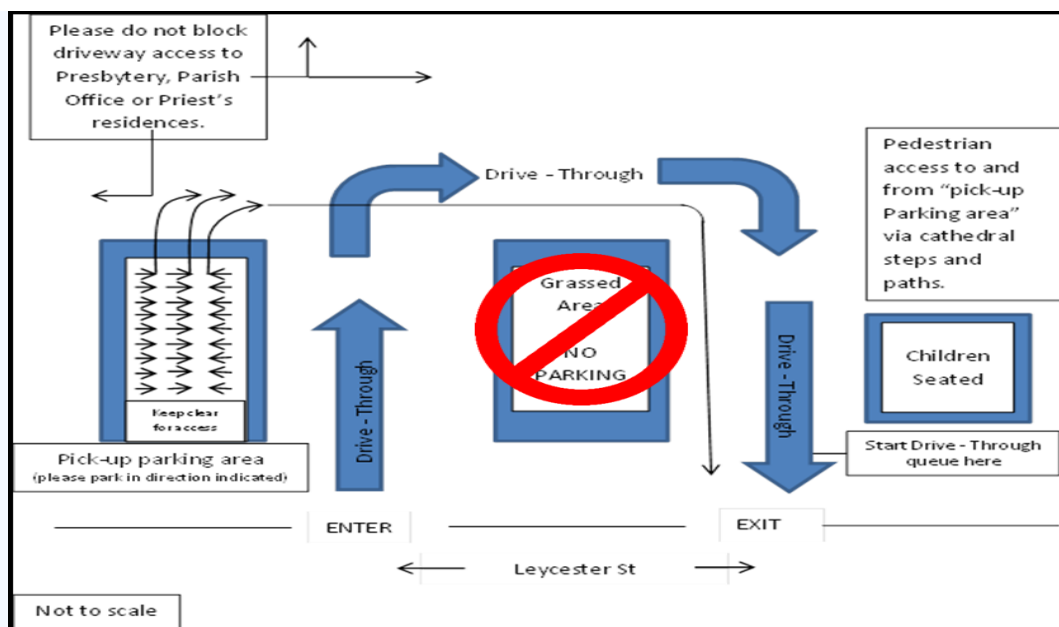
Cathedral Pick-up and Drive-Through Guidelines

1. All children must sit on the grassed area and wait for parents to collect them. (No children are to run off to meet their parents).
2. No parking in the middle grassed area of the Cathedral grounds.
3. ONE WAY TRAFFIC only.
4. The Drive-Through-Lane is only for parents of children who do not need assistance getting into cars. (speedy operation)
Parents, please do not leave your car. Teachers will direct your child/ren to your car when it is timely and safe to do so.
5. NO CHILD is to enter a car from the right hand side of the vehicle when using the drive-through.
6. If your child needs assistance, parents must park in the "Pick-up Parking" area on the far side of grounds and walk over to pick up your child.
7. **All pedestrian access via Cathedral steps and paths. Please do not cross in front of queuing "drive-through" traffic.**
8. Vehicles exit "Pick-up Parking" area on inside lane of Drive-Through queue (see diagram below).
9. Parents in Drive-Through-Lane have RIGHT OF WAY.
10. Please do not block driveway access to the Presbytery, Parish Office or Priests' residences.
11. Parents who need to park and collect children may wish to stagger their pick up time until after the initial rush.
12. At 3:40pm any children still waiting will walk back to school with the supervising teacher.
13. In the event of **wet weather or storms**, children are to be collected from the Library steps.

We would appreciate parents reading and sharing these guidelines with other people who might pick up your child and support us in this endeavour in keeping your child safe.

DO NOT PARK:

Parents are asked to avoid blocking bus zones or private driveways and are not to park in the Police Youth Club Car Park, the Service Station, Foodworks Car Park or the Staff Car Park *including* the driveway access (located off Dawson Street).



CHANGES TO YOUR CHILD'S AFTERNOON PICK-UP ARRANGEMENTS

If there is a change in your child's travel arrangements, please let us know by note or phone call. We ask that phone calls to the Office to advise children of an unexpected change to pick-up arrangements be made **prior to 2:45pm**. This provides Office Staff with the best chance of ensuring that your child receives the message. As you might imagine, a flurry of last minute phone calls at this busy time of the school day is not ideal.

If a child is unsure of their home time arrangements on a particular day, and we have received no notification, the child will be sent home on their bus as usual.

LATE ARRIVAL & EARLY DEPARTURE

- *Students arriving after the school bell has rung*, must be brought to the Office by their parent/carer upon arrival.
- *Parents/carers collecting students early* must come to the School Office. Staff will call students to the Office for collection. (Parents are asked to try to make dental appointments, etc. **outside** school hours if possible.)

Please Note: We are unable to allow children to go with another parent unless we have permission (preferably written). If unknown to Office Staff, parents/carers calling to collect children will be asked for photographic I.D. This is not meant to offend and is only in the interest of your child/ren's safety.

From our Assistant Principal

Janette

Miss Amanda Egan

Mathematics Assessment Interview

Our teachers had a wonderful two days sitting with students to conduct the Mathematics Assessment Interviews (MAIs) last week. We thank our parents for working with us to have students attend the individual appointments. The information gathered, as a result of the interview, is important in helping us to assess where a child's understanding is at in order for teachers to plan teaching that is targeted to the needs of their learners to enable them to thrive mathematically. This valuable data on your child, will be shared early Term One, when the school conducts its Parent/Teacher Meetings.

Home Reading

Home reading for your child/ren will begin shortly for this year. We often have parents asking how they can support their children at home with reading. Below are a few tips from the Primary English Teachers Association on how parents can support their children with this:

- Establish a home reading routine. Read aloud with your children every day. Ten minutes for each child around a book of his/her choice. If English is your second language, read in your home language. If you lack confidence in reading aloud, the fact that you are reading with your child is what matters. Talk about the illustrations and contribute where you can. Share your excitement for reading and this will be the model your child will adopt.
- The reader holds the book! There is a lot of power and control in the world of reading. The reader needs to have the power.
- During home reading time, turn off electronic devices and give each child ten minutes of your undivided attention.
- Before you read a book, set your child up for success. Reading is not a test! Reading time is only ten minutes so do some of the following: Keep the introduction short – one minute is enough. Talk about the illustrations and the title. Read the blurb and talk about the author, talk about any unusual words, read a page here and there as your child flicks through the book, discuss the characters. This is a short introduction, not an interrogation. If the book is already a familiar one, then this step is unnecessary.
- If reading time is stressful, move the reading to a new location. Instead of sitting at the kitchen bench, move to the lounge room floor, or go outside and sit under a tree or take the books to the local coffee shop. Find a reading time that works for your family. Limit the time and set the timer if reading in the past has always been difficult. It is better to have an enjoyable 10 minutes than a laborious 30 minutes where everyone is left feeling frustrated.
- At the end of the 10 minutes, ask questions that encourage discussion, for example: *What was your favourite part? Tell me about the characters. What do you think will happen next? What did you think about that setting? What do like/ dislike about this book?* There is no need to interrogate the reader. Make it a conversation as you would in a book club.

- Encourage your child to read independently. A bedside light is one of the best enticements for your child to read before going to sleep. After the 10 minutes of reading with you, the child can elect to continue reading independently.
- The less you interrupt the 10 minutes of reading, the more you are supporting the reader's independence, resilience and confidence. Zip your lips, monitor the miscues, and listen as your child reads.
- Avoid judging your child's reading with words such as: 'good', 'excellent' or 'getting better'. Instead say things about the strategies your child uses when reading such as: 'I like how you read on when you came to that difficult word.' 'I like how you changed your voice to be the voice of the character in the story'. 'I noticed that you reread the bit that did not make sense.'
- If your child is reading independently and has reached the level of chapter books, it is not necessary for you to read aloud together any more. Your job is done. That is not to say, you cannot continue to share reading time because it is what you love to do as a family or that you sit and read silently together or that you talk about the books your child is reading because you are interested in his reading choices. Readers read differently in their heads as compared to reading aloud.
- Visit the local library — make it a family ritual on a set day every week. Let your children select their books while you select books you are interested in reading. Not every book has to be read cover to cover. Your child might select books based on illustrations or factual information about a topic of interest. Independent readers pick and choose what they read. They are entitled to read some and reject others. They are entitled to not complete books because they are boring. Readers make choices. Model what it means to be an enthusiastic reader. Create a home of readers where everyone reads — It is just what we do in this house! Talk about what you have read. Read aloud what makes you laugh and share it with your child

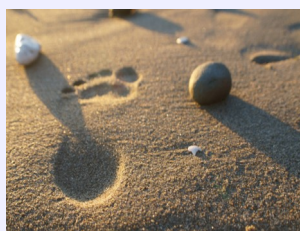
From our Assistant Principal - Mission

Mr Danny Hatchman

MISSION MATTERS

Welcome back to the new school year! The religious and spiritual goals of St Carthage's aim to build the capacity of each student to have a fulfilled life, 'to have life, and have it to the full' John 10:10.

In encouraging each child to reach their potential, to 'be the best person they can be', we ask each student to be open to the presence of Jesus Christ in their life and to respond by 'walking his 'Way'. This invitation to accompany each student on their life journey is open to everyone. Please join in!



A Prayer for the New Year

Lord, You make all things new
You bring hope alive in our hearts
And cause our Spirits to be born again.

Thank you for this new year
For all the potential it holds.

Come and kindle in us

A mighty flame

So that in our time, many will see the wonders of God

And live forever to praise Your glorious name.

Amen

2019 Sacramental Program

This year **Year 3** prepare for **Reconciliation** (Term 1) and **Eucharist** (Term 3) and **Year 2** for **Confirmation** (Term 2). *All children in each class learn about each Sacrament and baptised Catholics are registered with the Parish to receive the actual Sacrament. For families of children in Years 4-6 who are yet to receive these Sacraments, a separate note will be sent home for you to register your child's name for these Sacraments. Some important dates:*

13 Feb - *Combined Reconciliation and Eucharist Information session (6pm in School Hall)*

19 March - Families present children for First Reconciliation (6pm in Cathedral)

29 April - *Confirmation program commences in school*

13 May - *Confirmation "I Got Spirit" Morning (9:30-11 in School Hall)*

6 June - Children are *Confirmed* by the Bishop (6pm in the Cathedral)

22 July - *Eucharist program commences in school*

August - Students may make their *First Eucharist* at any Mass after the 16th of August. However, there are 4 Cathedral Masses where teachers will be in attendance to assist if needed: **17th August: 5:30pm; 18th August: 9am; 24th August: 5:30pm; 25th August: 5:30pm.**

Welcome to the prayer life of the school - Without our Parish, St Carthage's school would not exist and we participate in the prayer life of the Catholic Church.

- **Our Opening School Mass** Years 1-6 - 11 Feb at 9:30 in the Cathedral
- **Kinder** are welcomed into the prayer life of the school through their **Teddy Bears and Prayers gathering** - 22 February from 10:15 to 10:45 in the school Hall
- **Our first Family School Mass** for the year will be at the 5:30 Cathedral Mass on Sunday the 3rd of March. Before Mass our Proclaim Kids Program will commence from 4:30-5:20 and all are welcome to join in our Sausage Sizzle after Mass!

Meals for families in need and Our Lady of Lourdes Feast Day

This Monday is the Feast Day of Our Lady of Lourdes. In times of trouble and concern, Our Lady of Lourdes is a focus for our prayers. February 11 was proclaimed World Day of the Sick by Pope John Paul II and to put this into action we ask families to provide cooked meals to be frozen in our **FAMILY IN NEED FOOD FREEZER**. These are then distributed as needed by the school or by our wonderful **Class Parents**. If you are able to contribute please drop off meals to the Office - these are always well appreciated. Our FREEZER IS EMPTY !

SPORT NEWS

"Sport is a human activity of great value, able to enrich people's lives" - Pope Francis. At St Carthage's Primary School, we strive to provide a wide range of sporting opportunities for all of our students.

Representative Pathways

Students are provided with the opportunity to participate in representative sport that commences at a school level and progresses through to a national level. The representative pathway below applies for Swimming, Athletics, Cross Country (8-13 yr olds), Winter Sports Trials (Year 5 & 6 - AFL, Football, Hockey, Netball, Rugby League, Rugby Union), Summer Sports Trials (Year 4 & 5 - Basketball, Cricket, Softball, Tennis and Touch Football).



Richmond Zone Swimming Carnival

The Richmond Zone Swimming Carnival will be held on Wednesday 20th February at the Lismore Memorial Baths. Notes have been sent home to those students who have qualified for the carnival. Please ensure that notes are returned to Mr Whitney by Friday 15th February. Good luck to the following students who will represent our school at the Richmond Zone Swimming Carnival:

Adrian Brickhill, Henry Davis, Jimmi Matthews, Lachlan Allen, Jimmy Field, Hugh O'Reilly, William Bullpitt, Case McQuilty, Max Alcorn, Oliver Allen, Ayden Holmes, Django Hudson-Sheaffe, Elisha Lovell, Tom Molloy, Masen Murray, Michael Bullpitt, Harrison Marsh, Mitchell Mayes, Liam Torrens, Ruby Allen, Jessica Holmes, Sammie Jones, Alexa Johnson, Eva Scott, Macy Field, Eden Flood, Ruby Lake, Ellie McKay, Thea Blok, Stella Burke, Lilly Comber, Rue Heffernan, Mia O'Reilly, Hyraani Underhill, Alanna Bromhead, Charlotte McEwan Brokensha, Sienna Gorman and Darcy Heffernan. We wish you the best of luck.

Richmond Zone Winter Sports Trials

The Richmond Zone Winter Sports Trials will be held on Thursday 21st February. These trials are open to Year 5 and 6 students whodisplay a high level of skill in one of the following sports: Football, Hockey, Netball, Rugby League and Rugby Union. School selections are taking place during Week 2. Those students who are successful in this process MUST register for the zone trials by Friday 15th February.

Polding Summer Sports Trials

Good luck to Darcy Heffernan (Cricket), Billy Drooger and Lachlan Mallett (Basketball) who will compete in the Polding Summer Sports Trials, held in Lismore on Friday 8th February. Reaching these trials is an outstanding achievement. We wish you the best of luck. Lachlan O'Sullivan, Wesley Wilford, Nate Boxsell and Kieran Weekes (Softball) have also qualified for the Polding Summer Sports Trials and will compete in Sydney on Friday 21st June.

Stage 2 AFL Program

AFL has been supporting Sport at St Carthage's Primary School for a number of years. Stage 2 students will be provided with the opportunity to participate in a 4 week AFL program, commencing on Friday 15th February. An experience that will not only help students to develop skills in catching, passing and kicking but provide a fun and supportive environment to engage in physical activity. We appreciate the continued support of AFL in our school.



Stage 3 Baseball Program

Marist Brothers Baseball Club has kindly volunteered to run a 4-week introduction to Baseball program for Stage 3 students. This program is designed to develop the skills of throwing, hitting and catching and promote the sport of Baseball. This program will commence on Friday 15th February. We thank Marist Brothers Baseball Club for this opportunity!

Active Kids Program

In 2018 over half a million children engaged in a more active lifestyle, with the help of the Active Kids program. Parents, guardians and carers can apply for a voucher valued up to \$100 per calendar year for each student enrolled in school. This voucher may be used with a registered activity provider for the registration, participation and membership costs. There are over 100 providers in the Lismore region. Apply at <https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>



2019 Dates

The following dates are for major sporting events at school, zone and diocesan level. Dates for NSW CPS, NSW PSSA and School Sport Australia events can be located at <http://sport.lism.catholic.edu.au/primary-sport-calendar>

Richmond Zone Swimming Carnival – Wednesday 20th February (BU Monday 25th February)

Richmond Zone Winter Sports Trials (Year 5 & 6) – Thursday 21st February (BU Thursday 28th February)

Lismore Diocesan Swimming Carnival – Friday 1st March (BU Tuesday 5th March)

Lismore Diocesan Winter Sports Trials (Year 5 & 6) – Friday 15th March (BU Friday 22nd, 26th March)

St Carthage's Cross Country – Friday 22nd March (BU Friday 29th March)

Richmond Zone Cross Country – Wednesday 1st May (BU Wednesday 8th May)

Lismore Diocesan Cross Country – Friday 24th May (BU Wednesday 5th June)

St Carthage's 800m event – Friday 31st May (No BU)

St Carthage's Athletics Carnival – Friday 7th June (No BU)

Richmond Zone Athletics Carnival – Wednesday 24th July (No BU)

Lismore Diocesan Athletics Carnival – Friday 23rd August (BU Friday 30th August)

Richmond Zone Football, Netball and Multi Sports Gala Day – Friday 30th August (BU Friday 6 September)

Richmond Zone Summer Sports Trials (Year 4 & 5) – Thursday 24th October (BU Thursday 31st October)

Lismore Diocesan Summer Sports Trials (Year 4 & 5) – Friday 29th November (BU Tuesday 3rd December)

St Carthage's Primary School Swimming Trials – Friday 6th December (No BU)

Dates are subject to change. Please check the school newsletter for amended dates.

We thank you for your continued support of sport at St Carthage's and look forward to another exciting year.

Sport/PE Uniform Days 2019

Year	Yellow Sport Shirt	Colour House Shirt
Kindergarten	Thursday	Friday
Year One	Wednesday	Friday
Year Two	Wednesday	Friday
Year Three	Thursday	Friday
Year Four	Monday	Thursday
Year Five	Tuesday	Friday
Year Six	Tuesday	Friday

Scholastic Book Club– Issue 1 out now

Don't forget to look for the Book Club Issue catalogue that will be coming home in your child's schoolbag. Book Club provides a fun and convenient way of bringing the best in children's literature into your home. It's packed full of exciting books from best-selling authors, popular titles and series that kids love, as well as products and books that make perfect gifts for younger siblings who may not be at school yet.

Ordering from Book Club is easy—simply go online and place your order and then Scholastic's 'book elves' take care of the rest. Before you know it, your child will have a lovely surprise to take home once their order gets delivered to their classroom.

When ordering from Book Club, you are not only helping your children, but you are also helping your school—20% of your spend goes back to your school in valuable Scholastic Rewards, which are used to buy classroom resources.

To celebrate the start of the New Year, any family ordering from issue 1 will also receive a free All About Me Activity Journal to help us kick-start our 2019 plans. For more information about Scholastic and Book Club, visit www.scholastic.com.au

Book Club will close on Thursday 14th February 2019.

Maree Morrissey and Bridget Swan—Scholastic Coordinators.



Happy Birthday!



Happy Birthday to the following students and staff who have celebrated their birthdays.

Kirra Fowler, Alister Gapes, Xavier Kay, Theo Begley, Dusty Zorzo, Noah Tatton, Isaac Wicks, Gus Collings, Oliver Britt, Isaac Shea, Matilda Spokes, Tayah Walcot, Oliver Miller, Kiarna Rogers, Grace Mills. Zoe Stapleton, Madeline Vinall, Will Lynch, Lachlan Johnson, Thomas Larsson, Dek Maciek Rong, William Scheibel, Mia Sherlock, Mason Smith, Emma McCluskie, Veer Singh, Connor Anderson, Jie-Shi Jackson, Oliver Sellen, Max Clarke, Charlee Ianna, Darcy Nestor, Sam Pascoe, Annie Krieg, Elena Cardillo, Jenny Craig, Leah Windsor, Tanya Buchanan, Laraine Barratt, Melissa Winkler-Dunn, Kim Robb, Craig Condie, Amanda Parsons.

St Carthage's School CANTEEN ROSTER

Week 3

Thursday 14th Feb

K. McDonald

Friday 15th February

M. Fowler
B. Callister

Week 4

Thursday 21st February

K. Jackson

Friday 22nd February

H. Green
T. Donnelly



SPINACH, CORN & CHEESE SAVOURY MUFFINS

These delicious savoury muffins are packed full of vegetables like spinach and corn. You could change up the vegetables to suit any taste or what's in the fridge. They are perfect for a family meal, lunchbox or a kids afternoon snack! They also freeze well.

Ingredients

2 eggs
3/4 cup milk
150g / 2 cups grated reduced fat cheddar cheese
1 spring onion, chopped
2 cups fresh baby spinach, chopped
1 cob fresh corn, kernels cut off (or a small tin corn kernels)
2 cups self raising flour
salt and pepper to taste

Preheat the oven to 180c and line a muffin tin with 12 muffin cases or oil the tin well.

Combine eggs and milk in a large bowl.

Mix in the grated cheese, spring onion, baby spinach and corn.

Add in the flour, salt and pepper and mix just enough until all the ingredients have combined.

Divide the mixture between the 12 muffin cases and bake in the oven for 20-25 minutes until cooked through.

These muffins can be frozen once they have cooled completely. To defrost simply leave out for a few hours or overnight.

For more tasty, simple recipes, visit:
nswlhd.health.nsw.gov.au/health-promotion/healthy-eating-recipes

2019 Important Dates



TERM 1

Friday 8th Feb

Polding Summer Sports Trials

Monday 11 Feb

9:30am Opening School Mass—Cathedral

13 Feb

Year 3 Reconciliation & Eucharist Information –6pm School Hall

Wed 20th Feb

Richmond Zone Swimming Carnival

Thurs 21st Feb

Welcome BBQ 5:30—7pm—RSVP 18th Feb
Richmond Zone winter Sports Trials (Yrs 5/6)

Tues 26th Feb

Parent Information Meetings

Friday 1st March

Lismore Diocesan Swimming Carnival

3rd-9th March

**Catholic Schools Week—Sunday 3rd 5:30pm Mass
Sausage Sizzle—Cathedral**

11th –14th March

Parent/Teacher Interviews

11th & 12th March

School Photos

Friday 15th March

Lismore Diocesan Winter Sports Trials (5/6)

19th March

Families present children for First Reconciliation 6pm Cathedral

Friday 22nd March

St Carthage's Cross Country (BU 29th March)

FRIDAY 12TH April

Last day term 1

Term 2

Friday 31st May

St Carthage's 800 event

PUPIL FREE DAYS for the year will be advertised on our School Webpage and in the next Newsletter as soon as they are confirmed.